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Dr. Nikolaos Perakis

Restorative for orthodontics R40

PARMA/BOLOGNA
2025/2026

Welcome to the first edition of the Restorative for Orthodontics course—a comprehensive program featuring extensive hands-on practice and detailed operational protocols.

This program will cover everything needed to manage the restorative aspects of interdisciplinary treatments, ensuring optimal outcomes for orthodontic cases while enhancing both aesthetics and functionality for our patients.

Designed as the perfect integration and complement to the Face XP HANDS-on Orthodontics course, this program offers a comprehensive team approach.

Participants will explore the full potential of restorative freehand and digitally driven techniques, covering everything from minor shape adjustments to composite veneers, Injection Moulding Technique, 3D printing applications, ceramic veneers, and single-wing adhesive bridges.

Additionally, participants will gain expertise in surgical techniques for conditioning edentulous ridges, tailored to the patient's age and defect severity.

To further enrich the program, renowned guest speakers will present the latest advancements in adhesion, classical and flowable composites, ceramics for veneers and bonded bridges, and other essential techniques to maximize outcomes with adhesive solutions.

Speakers

Dr. Nikolaos Perakis

Dr. Renato Cocconi

Dr. Silvia Rapa

Dr. Giorgio Cocconi

Prof. Lorenzo Breschi

Prof. Milena Cadenaro

Prof. Nicola Scotti

Dr. Claudio Mazzotti

Session Dates

01 | June 20-21, 2025

02 | September 12-13, 2025

03 | December 5-6, 2025

04 | February 27-28, 2026

05 | April 10-11, 2026

06 | June 26-27-28, 2026

Hands-on

Experience the uniqueness of our theoretical and practical course, limited to just 14 participants. Each attendee will receive personalized guidance from Dr. Perakis at every stage, along with a comprehensive list of instruments and materials to replicate the techniques in your own practice.

Restorative procedures will be practiced on high-quality simulators that mimic clinical conditions, while surgical techniques will be honed on pig mandibles for a realistic and immersive experience. All necessary materials and instruments for the hands-on sessions will be provided on-site.

Official language

English / Simultaneous translation

Session 1 | The Ortho-Restorative synergy

June 20-21, 2025

Renato Cocconi
Nikolaos Perakis
Silvia Rapa
Giorgio Cocconi
Luca Breviglieri

Ateicos Quintavalla
Franco Pozzi
Gianluca Dallatana
Roberto Riva

Digitally guided interdisciplinary treatment planning - pt. 1

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Patient management across the transition from adolescence to young adulthood

- Missing laterals: to open or to close
- Oligodontia
- Traumatic loss of teeth in the aesthetic zone
- Orthodontic and restorative dentistry
- Adhesion: the revolution in dentistry
- Direct Composite restorations
- Injection moulding technique
- Cad Cam restorations
- Printed restorations
- Veneers
- Implants
- Digital treatment planning for aligners and fixed appliances
- Diagnostic set up and operative set up
- The digital connection: the orthodontist, the digital lab and the restorative dentist

Session 2 | Free-hand composite restorations - part I

September 12-13, 2025

Nikolaos Perakis
Lorenzo Breschi
Milena Cadenaro

Reconstruction of individual teeth

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Composite materials and adhesives systems
How to achieve the perfect dental shape
How to obtain invisible restorations

Composite materials and adhesives

- Classification, physical and optical properties of new composite materials & dental adhesives
- Polymerization units: how to obtain the best from composite materials
- Instruments, matrices, wedges, burs and polishing materials

Clinical applications and tips & tricks

- Tooth preparation & finishing design
- Color matching, Layering strategies, Finishing & Polishing methods
- Clinical tricks: how to make a tooth appear wider or narrower, longer or shorter maintaining the same dimensions to address post-orthodontic spacing issues

Hands-on

- Composites handling: how to reduce stickiness and obtain the desired shape
- Layering strategies to obtain invisible restorations
- Full reconstruction of incisors and canines using different layering strategies
- Finishing & polishing methods to obtain the perfect dental anatomy

Session 3 | Free-hand composite restorations - part II

December 5-6, 2025

Nikolaos Perakis

Restoring complex anterior segments with composite materials

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How to achieve the convenient dental shape while addressing postorthodontic space requirements with composite restorations

Lateral incisors agenesis with space closure

Visual perception & smile enhancement: the Edge Down Approach

- Learning how to assess the smile and define what needs improvement
- Digital and classical techniques to visualize the final result
- Restorative techniques: Free-hand composites, Cad-cam composites and Injection moulding technique

Management of anterior segments

- Microdontia, peg laterals & diastemata closure
- Lateral incisors agenesis with space closure: how to transform canines into laterals and premolars into canines in case of lateral incisors agenesis with space closure
- Clinical tricks to optimize the aesthetic outcome of orthodontic treatments

Hands-on

- Wide and narrow diastemata closure, peg lateral reshaping, transforming canines into laterals and premolars into canines, harmonize frontal group in case of lateral incisors agenesis with space closure, CI III and CI IV restorations.

Session 4 | Ceramic laminate veneers

February 27-28, 2026

Nikolaos Perakis
Nicola Scotti

Digitally driven VS classical approach

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How to achieve the perfect smile with ceramic laminate veneers
New ceramic materials, lab sequences and clinical realization

Ceramic materials and adhesive strategies

- Classification, physical and optical properties of ceramic materials & dental adhesives

Clinical applications

- Documentation & Laboratory communication
- How to realize and modify a mock-up to improve aesthetic and function
- Dental preps according to the post-ortho situation: diastemata closure, tooth shape modifications & asymmetrical clinical situations
- Gingival retraction, tips & pricks for tear-free classical impressions, optical impressions
- How to create esthetic provisionals, tips & tricks to prevent detachment during the provisional phase
- Final cementation: adhesive cements choice

Hands-on

- Mock-up realization and aesthetic modifications to improve aesthetic and function
- Tooth preparation for laminate veneers & adhesive cementation

Session 5 | One-wing adhesive partial dentures & soft tissues enhancements

April 10-11, 2026

Nikolaos Perakis
Claudio Mazzotti

Single-wing adhesive bridges and edentulous ridge management

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Lateral incisors agenesis with space opening

Tooth preparation, material selection and adhesive cementation

Soft tissues improvement based on the clinical situation and age of the patient

Restorative sequence

- Ceramic materials and adhesive strategies for bonded bridges
- Tips for the final phase of the ortho treatment for a perfect space management
- Abutment selection, Dental preparation design & final impressions
- Managing the provisional phase to assess tooth shape, stabilize dental position and condition soft tissues in different clinical situations
- Adhesive cementation with CAD-CAM carriers: tips & tricks

Perio sequence

- Evaluation of edentulous ridge and surgical selection for mild, moderate, and severe defects: Age-based approach
- Minimally invasive techniques vs connective tissue graft procedures
- Prosthetic considerations for managing provisionals during the healing phase

Hands-on

- Preparation of a central incisor for the adhesive wing
- Connective tissue grafting procedure on a pig mandible

Session 6 | The Ortho - Restorative Synergy

June 26-27-28, 2026

Renato Cocconi
Nikolaos Perakis
Claudio Mazzotti
Guido Fichera
Roberto Perasso
Monica Imelio

Digital driven interdisciplinary treatment - pt. 2

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Ortho-Perio-Restorative treatments
Interdisciplinary protocols for a new standardized approach

- Adult patient with compromised dentition and pathological migration associated with perio
- The hardest challenge for the orthodontist - Secondary malocclusion
- Role of orthodontics in occlusal design and restoration
- Synergy between prosthodontics treatment and orthodontic movement interdisciplinary case
- Classification of Periodontal Disease and International Guidelines - Pre-Orthodontic Guidelines
- Management of deep probing depths, Vertical lesions, and Timing of periodontal intervention
- Healing times before orthodontic movement
- Periodontal treatments in the esthetic zone: Orthodontics, Restorative dentistry & Mucogingival surgery: timing of intervention
- Interdisciplinary possibilities and protocols: a new standardized rational approach.

FACE / Continuing Education - Perakis Education Course Managers



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Location / Venue

STUDIO PERAKIS

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Hotel Conventions

Grand Hotel De La Ville - Parma

Twin room for single use occupied by 1 person	Twin or double room occupied by 2 people	The tourist tax is excluded
€ 125,00* per room / per night	€ 160,00* per room / per night	€ 3,50 per person / per day

To book your room, please send an email to booking@grandhoteldelaville.it specifying your participation in the **Restorative for orthodontics - R40** course.

* the price includes VAT and buffet breakfast

Aemilia Hotel - Bologna

Located in Via Giovanna Zaccherini Alvisi 16 - 40138 Bologna.

Book on www.aemiliahotel.it with the **PROMO CODE: PERAKIS** or write an email to the booking office: reservation@aemiliahotel.it - AEMILIA HOTEL - T. +39 051 39 40 337 (Mrs. Chiara Pancaldi) citing the **PROMO CODE PERAKIS**. An exclusive special **12% discount** is applied on the daily flexible rate. Garage at a **special rate of 16.00 euros per night**.

City tax is not included.

European Partners



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**Synergy is about passion, energy, ingenuity,
the excitement of creating a new reality
that is far better than the previous one.**

”

Stephen R. Covey



During each meeting, any form of video recording and/or photography is prohibited unless authorized by the organization



The schedule may be subject to changes in dates and/or times, which will be promptly communicated to participants.



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